Chai Tea Latte

Directions: Mix 1 part Chai with 2 parts milk of choice. Sprinkle with ground cinnamon

Ingredients: Water, black tea infused with allspice, cinnamon, cardamom, nutmeg, whole cloves, star anise, whole peppercorns, whole vanilla beans, ginger honey

Made for you by:

www.thesassydietitian.com

Chai Tea Latte

Directions: Mix 1 part Chai with 2 parts milk of choice. Sprinkle with ground cinnamon

Ingredients: Water, black tea infused with allspice, cinnamon, cardamom, nutmeg, whole cloves, star anise, whole peppercorns, whole vanilla beans, ginger honey

Made for you by:

www.thesassydietitian.com

Chai Tea Latte

Directions: Mix 1 part Chai with 2 parts milk of choice. Sprinkle with ground cinnamon

Ingredients: Water, black tea infused with allspice, cinnamon, cardamom, nutmeg, whole cloves, star anise, whole peppercorns, whole vanilla beans, ginger honey

Made for you by:

www.thesassydietitian.com

Chai Tea Latte

Directions: Mix 1 part Chai with 2 parts milk of choice. Sprinkle with ground cinnamon

Ingredients: Water, black tea infused with allspice, cinnamon, cardamom, nutmeg, whole cloves, star anise, whole peppercorns, whole vanilla beans, ginger honey

Made for you by:

www.thesassydietitian.com

Chai Tea Latte

Directions: Mix 1 part Chai with 2 parts milk of choice. Sprinkle with ground cinnamon

Ingredients: Water, black tea infused with allspice, cinnamon, cardamom, nutmeg, whole cloves, star anise, whole peppercorns, whole vanilla beans, ginger honey

Made for you by:

www.thesassydietitian.com

Chai Tea Latte

Directions: Mix 1 part Chai with 2 parts milk of choice. Sprinkle with ground cinnamon

Ingredients: Water, black tea infused with allspice, cinnamon, cardamom, nutmeg, whole cloves, star anise, whole peppercorns, whole vanilla beans, ginger honey

Made for you by:

www.thesassydietitian.com